

Nutrition Facts

Serving Size 1 oz (28g)
Serving Per Container 16

Calories 10
Calories from Fat 0

Amount/Serving	% Daily Value *	Amount/Serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 3g	0%
Sat. Fat 0g	0%	Dietary Fiber less than 1 g	4%
<i>Trans Fat</i> 0g		Sugars 1g	
Cholesterol 0mg	0%	Protein less than 1 g	2%
Sodium 230mg	10%		
Vitamin A 8%	•	Vitamin C 25%	•
		Calcium 2%	•
		Iron 2%	•

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Cabbage*, Onions*, Carrots*, Kale*, Jalapenos*, Scallions*, Sea Salt, Garlic*, Dried Chile Flakes, Jacobsen Sea Salt *Certified Organic