

Nutrition Facts

8 servings per container

Serving size 2 oz (57g)

Amount per serving

Calories 70

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 170mg 7%

Total Carbohydrate 1g 0%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 1g Added Sugars 2%

Protein 14g

Vitamin D 7mcg 35%

Calcium 12mg 0%

Iron 0mg 0%

Potassium 246mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.