

Nutrition Facts

3.5 servings per container

Serving size 1.4 oz (40g)

Amount Per Serving

Calories 180

% Daily Value*

Total Fat 11g 14%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 135mg 6%

Total Carbohydrate 19g 7%

Dietary Fiber <1g 3%

Total Sugars 9g

Includes 9g Added Sugars 18%

Protein 2g

Vitamin D 0.1mcg 0%

Calcium 10mg 0%

Iron 0.7mg 4%

Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.