Manual.pdf 1 10/29/20 1:35 PM

# EM005 USER'S MANUAL

Manual.pdf 2 10/29/20 1:35 PM

# PAGE. 1

Product name:Fascia massager

Model:EM005

Working voltage:12V

Output power:12W



uai.pai 3 10/29/20 1.35 FF

PAGE.2

- 1.Mainframe
- 2.Battery power indicator
- 3.Battery switch
- 4. Charging port
- 5. 6 kinds of massage heads

6.Power indicator:When the digital display on the right side of the LCD screen shows 99,it means power is full,the number gradually changes to 80,60, 40, means that the power is droping,when the display number is 20,the battery is running out and needs to be charged.

7.Gear indicator:The number on the left side of the screen represent the machine running gear. For 01 gear ,pulse frequency is 1200 rpm,if you add one gear,the frequency will increase 400 rpm, the highest grade is 06, and the top speed is 3200 rpm 8.Increase or decrease switch:The + ,— button at the bottom of 1

the screen is the gear increase switch and decrease switch, once you click button, the gear plus one, once you click button, the gear plus one, once you click button, the gear plus one, once you click button.

for five seconds, the fascia massager will stop, click the (+) button again and

the fascia massager restats.

9.Battery:(Voltage 12V) 01-06gear





Big ball head Small ball head Spiral head Forked head Air plug head Flat head

Small muscle group Suitable for the spine Suitable for all parts of the body

Large muscle group Joint parts of the body Suitable for whole body bones

### Instructions for use:

- 1. When you set the battery switch to "ON" position, the battery power indicator lights up, the screen lights up, the two numbers on the right side of the screen represent the battery power ,99/80/60/40/20 indicates the power from full to low.
- 2.According to the needs of different parts of the massage, select the appropriate massage head to insert into the round hole in front of the fascia massager.
- 3.Click the  $\bigoplus$  button at the bottom of the screen and the fascia massager starts running, the number on the top left of the screen represents the gear position, each click  $\bigoplus$  button, increase the gear position by one gear, 01 speed is 1200 rpm, every additional gear increased speed by 400 rpm, the highest gear is 06 gears and the speed is 3200 rpm. Once you click  $\bigoplus$  button, the machine minus one gear. In any gear position (01-06), long press  $\bigoplus$  or  $\bigoplus$  button for five seconds, the fascia massager will stop running.
- 4. After the massage is complete, turn off the battery switch to the "OFF" position and the screen will turn off.
- 5.In order to protect the machine, the fascia massager will stop running automatically if it is running continuously for more than 10 minutes, or if the pressing force is too big, please turn it on again if you need to keep using it.

### Battery instructions for use:

When the battery is exhausted, it needs 1-2 hours to be fully charged. The battery working time is determined by the gear position. The battery power-on indicator lights up when the battery is charging, it will turns from red to green color, For your safety, you should never turn on the machine when the battery is charging.

### Safety instructions:

To reduce the risk of electric shock, fire and personal injury, this product must be used in accordance with the following instructions.

- 1. Only allowed for adults.
- 2. This device cannot directly massage the surface of the skin to avoid injury to the skin, the massage area should be worn after wearing dry and clean clothes or a clean and dry towel, you need to gently press and move, the massage time of the same part can not exceed 60s.
- 3.Use high speed and high pressure only for soft tissue parts of the body without causing pain and discomfort, do not use high speed and high pressure on the head and any bone parts of the body.
- 4. According to the massage needs of different parts, please choose the right massage head.
- 5. Frequent use of high-speed high pressure to apply pressure on the same part will cause abrasions, if you feel painful and uncomfortable, please stop using immediately.
- 6. Finger, hair or any part of the body, please keep away from the telescopic rod of the device and the heat dissipation hole of the motor to prevent from pinching injury.

- 7.Do not place anything in the heat sink of the motor.
- 8. The equipment should not be diffused into the water, never let the water from the motor cooling hole into the equipment.
- 9.Do not discard and misuse this device.
- 10. Only use the original charger to charge.
- 11.Carefully check your device and battery before each use.
- 12.Do not make any private modifications to the equipment.
- 13.Do not run the device and charge the device in an unmanned state.

### Maintenance:

- 1. Wipe the surface of the device with a slightly damp towel and dry with a soft cloth.
- 2.When storing or traveling for a long time, separate the device from the battery and place it in the device's original case.

## Warning:

- 1.Do not stay in the water, keep the machine away from liquids and heat sources, to ensure the motor cooling holes are free of dust and debris.
- 2.Do not remove the screws by yourself.
- 3. Turn off the device after one hour of operation and use it after rest for half an hour.
- 4. Remove the charger from the battery after charging, and do not use the device during charging.
- 5. The use of this device for the injured part of the body is prohibited without consulting the doctor .

### Disclaimer:

Please read the instruction manual carefully before using this equipment, use this equipment correctly in accordance with the instructions, our company will not be liable for any damage or loss to the customer caused by the uncorrect use of this equipment as explained.

Do not use this device without the approval of your doctor if:pregnancy, diabetes and complications, neuropathy or retinal damage,pacemaker wear,had surgery recently,migraines,disc protrusion or spinalinflammation,recently, IUDs have been had or have health problems. You must consult your doctor first and use it with your doctor's permission.

Manual.pdf 6 10/29/20 1:35 PM

# PAGE.5

We are studying the effects of the device on specific medical conditions, this may cause the above taboo symptoms to be not detailed enough, if you are unwell please stop using, follow the advice of a physician or physiotherapist.