

Medium Honey Caramel

Nutrition Facts

About 9 Servings Per Container

Serving Size 1 Cup (2 oz)

Amount per serving

Calories 230

% Daily Value*

Total Fat 9g **14%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 250mg **10%**

Total Carbohydrate 38g **13%**

Dietary Fiber 1g **4%**

Total Sugars 30g

Includes 30g Added Sugars **60%**

Protein 1g

Vitamin D 0mcg 0%

Calcium 26mg 2%

Iron 0.36mg 2%

Potassium 45mg 1%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Popcorn, Brown Sugar, Corn Syrup, Corn Oil, Salt, Honey, Canola and/or Soybean Oil, Water, Salt, Hydrogenated Soybean Oil, Mono and Diglycerides, Soy Lecithin (preservative), Artificial Butter Flavor, Citric Acid, Beta Carotene (color), Vitamin A Palmitate.

Contains: Milk and Soy

Net Weight: 18 oz (510g)

Manufactured for:
Farmer Jon's Popcorn
Breda, IA 51436

