

DARK CHOCOLATE NUT FREE BAR 50G



NUTRITIONAL INFORMATION

Nutrition Facts	
1 serving per container	
Serving size	1 bar (50g)
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 4g	21%
<i>Trans</i> Fat 0g	
Cholesterol 0g	0%
Sodium 45mg	2%
Total Carbohydrates 37g	13%
Dietary Fiber 2g	6%
Total Sugars 30g	
Includes 30g Added Sugar	60%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 3mg	14%
Potassium 133mg	3%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

