

## Mixed Nuts with Peanuts R/S Snack Bag 12/3.25oz

10/03/2019

Nutrition Facts	
3 servings per container	
<b>Serving size</b>	<b>1/4 cup (30g)</b>
Amount per serving	
<b>Calories</b>	<b>180</b>
% Daily Value*	
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 2g	<b>10%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	0%
Calcium 41mg	4%
Iron 1mg	6%
Potassium 189mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Peanuts, Almonds, Cashews, Peanut Oil, Hazelnuts, Brazil Nuts, Pecans, Salt.

Contains Peanut, Tree Nuts.

Made in a facility that processes peanuts, tree nuts, milk, wheat, and soy.

Free of Cholesterol  
Good source of Protein  
Good source of Fiber  
Good source of Phosphorous  
Good source of Copper  
Good source of Magnesium  
High Manganese